



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**16
NOV
2025**
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



33RD SUNDAY IN ORDINARY TIME

"I myself shall give you a wisdom in speaking that all your adversaries will be powerless to resist or refute." - Lk 21:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

Malachi 3:19-20

*Evildoers will be destroyed;
those who fear God will be saved.*

RESPONSORIAL PSALM

Ps 97:5-9. R. see v.9

The Lord comes to rule the earth with justice.

SECOND READING

2 Thessalonians 3:7-12

Work hard and earn your keep.

GOSPEL ACCLAMATION

Luke 21:28

Alleluia, alleluia!

*Lift up your heads and see;
your redemption is near at hand.
Alleluia!*

GOSPEL

Luke 21:5-19

*Patiently endure the trials
you are sure to face for Jesus.*

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU

2 KING STREET, MANLY VALE 2093 NSW

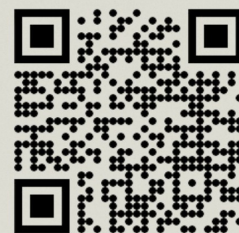


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WHY DO WE DO THAT?

Catholic Life Explained

Question:

Why do Catholics call priests Father?

Answer:

Some evangelical Christians object to Catholics calling priests "Father," citing Matthew 23:9 where Jesus says, "Call no one on earth your father." Taken alone, this seems clear—but in context, Jesus is warning against religious leaders who misuse authority with pride and hypocrisy. He's not banning the use of titles, but urging humility and integrity. In fact, Jesus uses "father" in parables like the Prodigal Son and Lazarus and the Rich Man, showing the term itself isn't forbidden.

St. Paul also embraced spiritual fatherhood, writing to the Corinthians, "It was I who begot you in Christ Jesus through my preaching" (1 Cor 4:14–17). The Church has long used familial titles—like "abbot" and "pope"—to reflect spiritual care. Calling a priest "Father" honours his role in guiding, nurturing, and protecting the faithful, much like our heavenly Father. It's a tradition rooted in Scripture and early Church practice, reminding us that spiritual leaders are called to serve with love, humility, and responsibility. ©LPi

BRINGING HOME THE GOSPEL

If only we could shelter our children from all of the calamities and tragedies of life! But we can't. Our primary job is to get them ready for the real world—and calamities and tragedies are part of it. Besides, bad things happen even to the very young. Friends move away, parents separate, family members or beloved pets die, and those are just some of the possible tragedies. For us parents there is a great temptation to say, "Don't cry. Everything will be all right." It sounds like a very Christian response, rooted in faith and hope. In truth, the "Everything will be all right" part is fine. It's the "Don't cry" that needs to go.

Tears are cleansing. They are a gift of our human condition. They communicate our feelings, allow for the cohesive bond of compassion and open the door to healing. But sometimes tears get stifled. It takes faith and hope to trust that all will be well, just as it takes courage and humility to accept our own tears and those of others.

We parents often have almost a compulsive need to make things better, to solve problems, to fix things. And so we say things like, "Don't cry," or, "Look at it this way," when often what our children really need is just our quiet presence and our loving support. It helps, when we find a youngster in distress, to take a few moments for some quiet prayer of our own—to ask for the grace to experience and share God's comforting love.

If we take the time to suffer our children's pain with them, then perhaps later they will also be open to talking about and processing the experience. As parents, we need to allow our youngsters to show their grief, offering our comforting presence and gentle support as a testimony to our words, "Everything will be all right."

FAMILY RESPONSE:

Practice attentive listening again. Have someone talk about a problem he or she is having at work or school. Make sure no one interrupts until the speaker is done. Ask questions to better understand the situation. Suggest solutions—only if the person asks for them.

PERSONAL RESPONSE:

Try some spiritual reflection. Consider something difficult that happened to you last week. Think about the situation and consider what Jesus might have observed if he were present. How might he have reacted?



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WEEKLY SOCIAL JUSTICE CHALLENGES

The Sunday Gospel describes the end times, and has Jesus challenging the apostles to live faithfully and persevere through the turmoil. Throughout Luke's Gospel, Jesus paints a picture of his ultimate goal for the future—the realisation of his Father's Kingdom here on earth. The Reign of God brings a kingdom of peace and equality, a world in which everyone has what he/she needs to live a life of dignity and hope. It is a world in which love rules over hate. Your challenge this week is to discuss as a family or household one step you can take to bring the reign of God one step closer to being realized. What act of love or kindness, of justice or equality, can you do to make Jesus' dream for humanity a reality?



CARE FOR CREATION TIPS

As the days grow longer and the weather warms, consider your typical efforts to stay cool. In *Laudato Si'*, Pope Francis reminds us: "A person who could afford to spend and consume more but regularly uses less... shows the kind of convictions and attitudes which help to protect the environment" (#211).

While he refers to heating, the same principle applies to cooling. We might reflect on how Mary, about eight months pregnant at this time of year, journeyed without the comfort of air conditioning or modern conveniences. If she managed in the heat, we too can make conscious choices—like using fans instead of air conditioning, dressing appropriately, and staying hydrated—while being mindful of our energy use. These small sacrifices not only help the environment but also connect us with the simplicity and resilience of the Holy Family. As we prepare for Christmas in the Australian summer, let's embrace a spirit of care for creation and thoughtful stewardship.

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PASTORAL CARE FOR THE HOMEBOUND

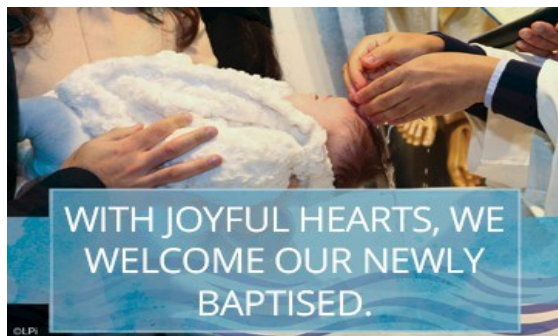
Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



Elliott Winter Higgins
Daughter of Richard & Belinda

Zara Anne Morgan
Daughter of Edward & Anna

Arkine Yuan Guiritan
Son of Mark & Johnnine

Ella Sabina Murray
Daughter of Leighton & Erica

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Nigel Manchee, Remo Dellagiacoma,
Odette James, Greg Hyde, Joyce Arnold,
Peter and Jan Van de Velde, Cecilia Yeung, Claire Del Gaudio

RECENTLY DECEASED:

Gerald O'Brien, Harrison Foresto, Paul Daly, Gerard Say

ANNIVERSARIES:

Marcelo Estanislao, Amelia Barbosa Guimaraes,
Rosemeire Cerqueira Santos

Our community would love to pray for you.
If you have an intention you would like to be included in this bulletin please e-mail
office@nhcatholic.org.au

THANK YOU FROM FR PAUL

Fr Paul would like to thank the parish community for the many cards and good wishes he received over the past few weeks as he celebrated his 60 years as a priest - and very shortly after, his 85th birthday.

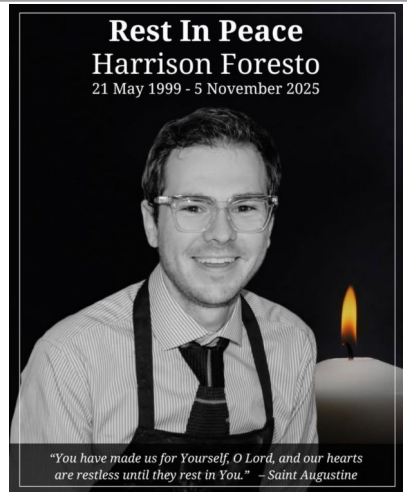


Thank you for making it such a joyous occasion and for the peace and goodwill that has surrounded me because of your kind thoughts and vintage gifts.



FUNERAL FOR HARRISON FORESTO

The funeral for Harrison Foresto will be next Monday 17th November 11am at The Brimson Centre in St Augustine's College, Brookvale.



CHILDREN'S LITURGY OF THE WORD MASSES:

Next Sunday 23 Nov:

- 9am at St Cecilia's
- 9.30am at St Kieran's
- 5pm Family Mass followed by supper at St Kieran's



COMMUNION GUIDELINES

Please take a 'Come to the Table' booklet at the church entrances to familiarise yourself with the practical guides on receiving Communion as we prepare to re-introduce the Blood of Christ.



*On **30 November**, we begin with the new Liturgical Year – Year A.*

As we enter the Season of Advent, we encourage you to reintroduce this wonderful tradition of preparing your own Advent Wreath.

Take home with you a tri-fold brochure available in the church entrances that explains on how to get started with an Advent Wreath.

Our Parish Piety Shop sells Advent Candles Limited stock only.



SOLEMNITY OF CHRIST THE KING

23 NOVEMBER | SUNDAY

Re-introducing the Blood of Christ at Mass

The Church requires hosts to be made from wheat, so completely gluten-free hosts aren't allowed. However, **low-gluten hosts** approved by the Church are **available**—just inform the Priest or Senior Server before Mass. You may also choose to receive only from the **chalice**, which is a full participation in the Body and Blood of Christ.



If you prefer not to receive Communion, you are warmly invited to join the procession and cross your arms over your chest to receive a blessing.

EVERYONE IS
Welcome
AT THE
OF THE
Table Lord



CHRISTMAS CARDS
\$10
Pack of 8

ADVENT CANDLES
\$12⁹⁵
Set of 4 available in assorted sizes

SHOP NOW
Parish Piety Shop

Prepare your heart and spirit this Advent season
by joining our
Advent Reflection Group

*a time of prayer, reflection, and
meaningful conversation
as we journey together toward the
joy of Christmas*

*Take a moment to step away from the busyness
of the season and reflect on the themes of
hope, peace, joy, and love
in preparation for the birth of Christ.
All are welcome - come and be part of this
special experience!*

 Every Friday before
Christmas beginning
Friday 28 Nov  **7:30 PM**  Fr Jojo
Fr Tan  St Kieran's
Parish Centre

PARISH SOCIAL JUSTICE GROUP
*Faith in action - living the Gospel
through justice and love.*

ACTIONS

Supporting VINNIES with the Christmas
Hamper drive. See the Giving Tree. Take
an envelope, a box and return asap.

Last chance for collecting bags for "It's in
the Bag" for SHARE THE DIGNITY campaign
Collaborating with St Augustines College
for future projects.

WHAT'S NEXT?

**Unpacking the Laudato Si
toolkit for our parish. Guest speaker
Phil ??? Of SJ in the Bay
to show us how**

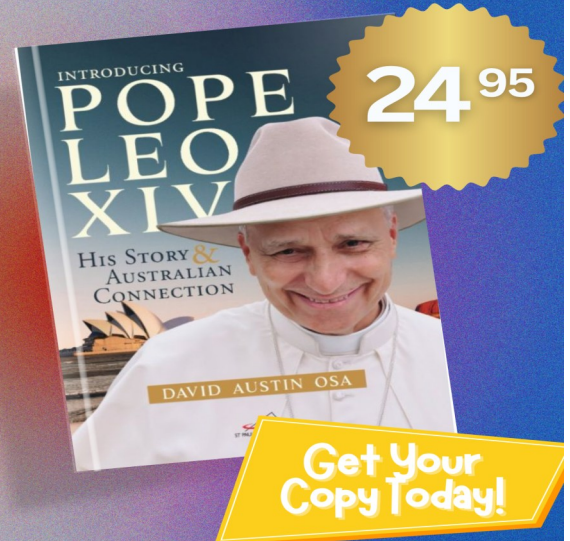
Join us on Monday 1st December
7pm in the Parish Centre
2 King Street Manly Vale
ALL ARE WELCOME

AFTERNOON TEA WITH ST AUGUSTINE

Last weekend we gathered to learn about the spirituality of St Augustine
and explored one of his soliloquies. It was a great event where we shared
afternoon tea together and we thank Fr Paul for leading us in learning more
about St Augustine.



AVAILABLE NOW
IN THE PARISH OFFICE



Vinnies Hamper Appeal

**The Manly Vale Conference
Christmas Tree is up!**

To provide a little joy to our neighbours in need:

- Register your details on the provided sheet
- Select an envelope from the tree
- Take a box
- Fill it with the help of family and friends

**Please return by 12th December.
Thank you for your generosity.**



NOVEMBER
Masses Envelopes

Mass offering for the faithful departed

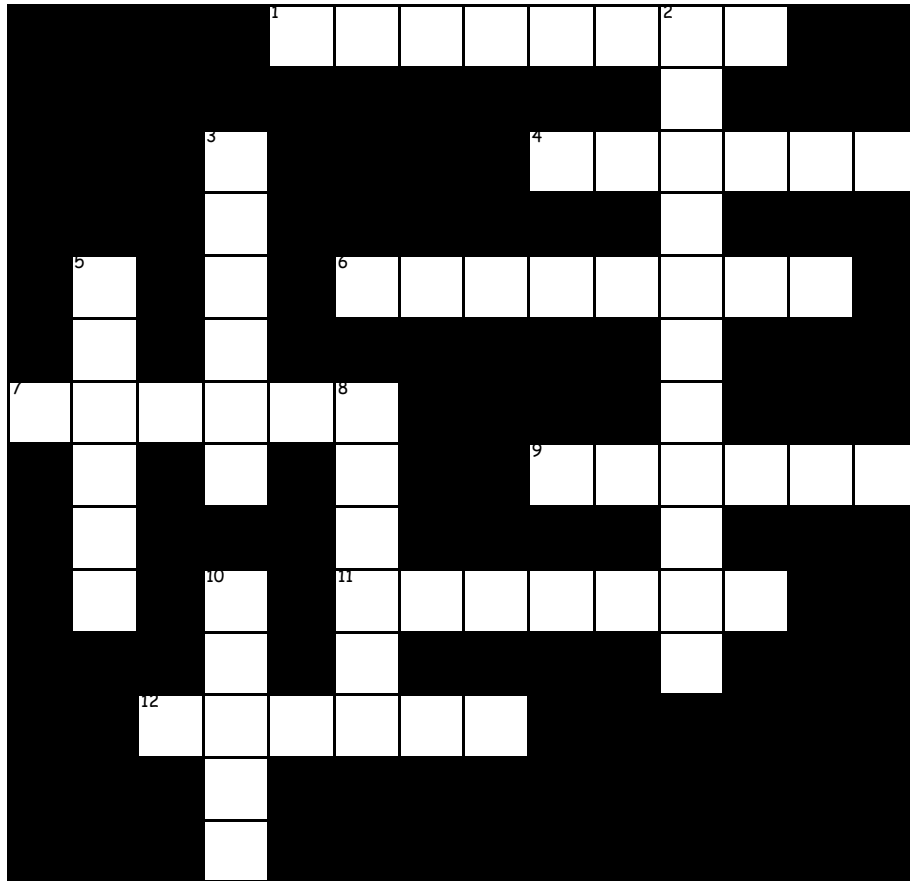
MASS FOR THE HOLY SOULS
Please offer Mass for the Family,
Friends, Relatives and Benefactors of:

Name: _____
Address: _____
Amount \$ _____

*It is a holy and wholesome thought to pray for the dead,
that they may be freed from their sins.*
11 Macchabees 46-48

November Masses

**NOW
AVAILABLE
AT THE
CHURCH
ENTRANCES**



CROSSWORD PUZZLE

You will be saved by being faithful.

ACROSS:

- 1: sicknesses
- 4: the Messiah
- 6: disciplined
- 7: tricked
- 9: to go hungry
- 11: those who are against you
- 12: wise thought

DOWN:

- 2: when the ground shakes
- 3: a place of worship
- 5: carved rocks used to make buildings
- 8: protect
- 10: belief

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Sharing the Gospel

When others are mean to you, God tells you what to say and what to do to keep safe. God loves you and never leaves you helpless. God gives you many people to love you and care for you. Someone down the street may not invite you to a party, but God never leaves you out. He invites you to spend time with him today and to live with him forever in heaven.

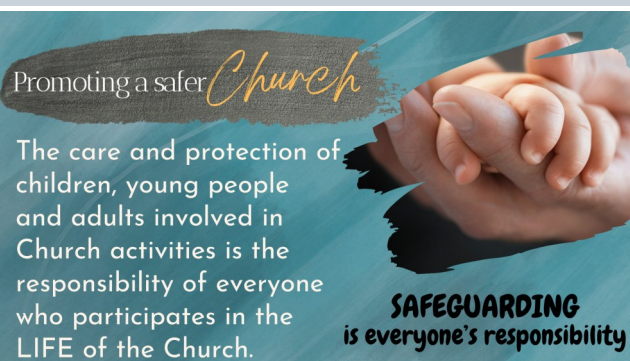
Prayer

Lord, thank you for my loving family and friends.

Mission

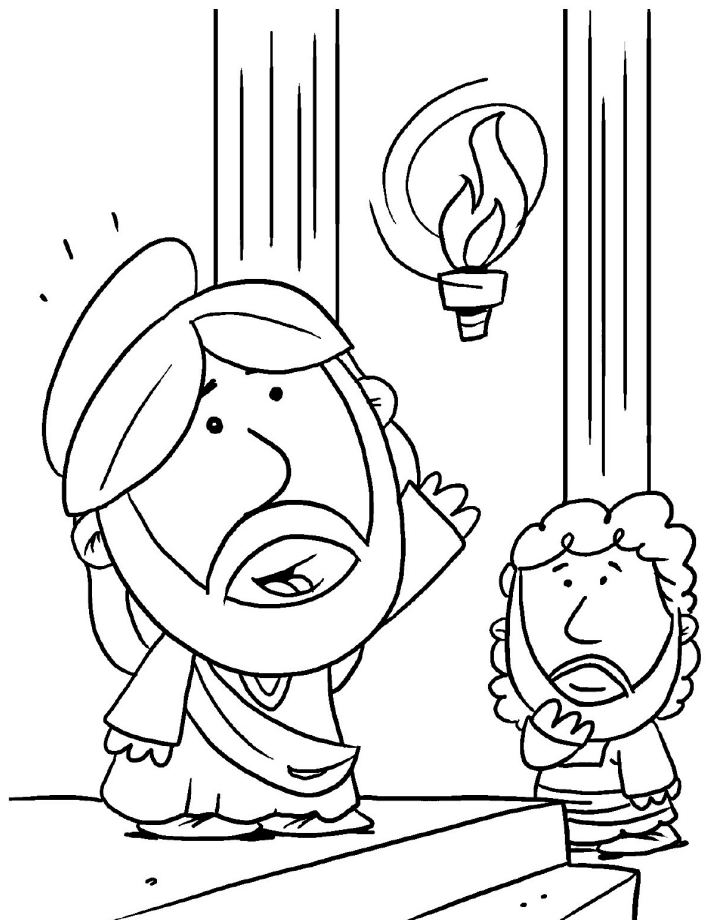
I will spend time with God thanking him for loving me.

©LPi



COLOR

Read the Gospel of the week and color the image.





*Behold my heart, O Lord, my God. Look deep inside it and cleanse it of all
disordered affection by directing my eyes to You and lifting my feet out of the
snare.*

Confessions 4, 6
- St. Augustine of Hippo

NEXT WEEKEND (23 NOVEMBER 2025): SOLEMNITY OF CHRIST THE KING, YEAR C

FIRST READING 2 Samuel 5:1-3 <i>David is anointed King of Israel.</i> RESPONSORIAL PSALM Ps 121:1-5. R. see v.2 <i>Let us go rejoicing to the house of the Lord.</i> SECOND READING Colossians 1:12-20 <i>We are reconciled in the blood of the cross.</i> GOSPEL ACCLAMATION Mark 11:9. 10 <i>Alleluia, alleluia!</i> <i>Blessed is he who inherits the kingdom of David our Father; blessed is he who comes in the name of the Lord. Alleluia!</i> GOSPEL Luke 23:35-43 <i>The Crucifixion.</i>	22 NOV, 5.30PM ST KIERAN'S <i>Senior Server</i> Louise <i>Readers</i> Val Ronda Leonie (R) <i>Music</i> Parish Choir <i>Communion Min</i> Volunteer needed <i>Powerpoint</i> Volunteer needed <i>Welcomers</i> Volunteers needed	23 NOV, 7.30AM ST KIERAN'S <i>Senior Server</i> Anna <i>Readers</i> Tim Elsie Lea (R) <i>Music</i> none <i>Communion Min</i> Volunteer needed <i>Powerpoint</i> Olivier <i>Welcomers</i> Volunteers needed	23 NOV, 9AM ST CECILIA'S <i>Senior Server</i> Antoinette <i>Readers</i> Amy Cathy Sacha <i>Music</i> Love Thy Neighbour <i>Communion Min</i> Volunteer needed <i>Powerpoint</i> Volunteer needed <i>Welcomers</i> Volunteers needed	23 NOV, 9.30AM ST KIERAN'S <i>Senior Server</i> Joseph <i>Readers</i> Kaye Anne <i>Music</i> TBD <i>Communion Min</i> Volunteer needed <i>Powerpoint</i> Volunteer needed <i>Welcomers</i> Volunteers needed	23 NOV, 5PM ST KIERAN'S <i>Senior Server</i> Michael <i>Readers</i> Christine Geraldine Leanne (R) <i>Music</i> Emmanuel <i>Communion Min</i> Volunteer needed <i>Powerpoint</i> Volunteer needed <i>Welcomers</i> Volunteers needed
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OBSERVANCES FOR THE WEEK OF 16 NOVEMBER

Mon 17 Nov: St Elizabeth of Hungary, religious
Tue 18 Nov: Tuesday of the 33rd Week in Ordinary Time, Year 1
Wed 19 Nov: Wednesday of the 33rd Week in Ordinary Time, Year 1
Thu 20 Nov: Thursday of the 33rd Week in Ordinary Time, Year 1
Fri 21 Nov: The Presentation of the Blessed Virgin Mary
Sat 22 Nov: St Cecilia, virgin and martyr

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au



Parish Office	2 King Street, MANLY VALE 2093 NSW AUSTRALIA P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour
Office Hours	9.00am to 4pm (Tuesday to Friday)
Churches	Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW Church of St Kieran 2 King St, Manly Vale 2093 NSW
Parish Staff	Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au Asst Priest: Fr Jumbim Torres, OSA E jtortres@nhcatholic.org.au Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au Administration Officer: Charlene Mendoza E admin@nhcatholic.org.au (Tue-Fri) Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu) Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed) Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri) Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au Media & Communications: Caroline Ng E comms@nhcatholic.org.au Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Resident Priests	Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au (Chaplain, St. Augustine's College, Brookvale) Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial) Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired) Fr John McCall, OSA E jmcosa@bigpond.net.au (Retired) Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired) Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)



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**St Kieran's Catholic
Primary School**



Acting Principal:
Ms Marisa Bombardieri



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Enrolling!**

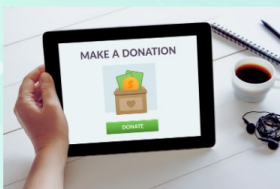
**63 Gordon St, Manly Vale
02 7256 2131**

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www.skmvdbb.catholic.edu.au

CATHOLIC SCHOOLS BROKEN BAY
Co-educational pathways K - 12

PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your
continued support.
Thank You!



THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



CATHOLIC
DIOCESE OF
BROKEN BAY



**AUGUSTINIAN
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(First Collection)



**PARISH
GIVING**
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